



# December 2011 Menu MAHS



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**Offered daily for breakfast:** Milk(1%, skim, chocolate skim), juice, cereal, cereal bars, yogurt, cheese sticks, and toast.

**Offered Daily for Lunch:** Milk, whole grain white bread, lettuce, butter, and peanut butter.

**Soup, Sandwich, and/or Salad Bar Offered Daily!**

**Breakfast Prices:** \$1.25 Grades K-12 FREE Reduced Rate

**Lunch Prices:** \$1.70 Grades K-6 \$1.75 Grades 7-12 \$0.40 Reduced Rate

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**December 1, 2011 Thursday Breakfast:** Muffins & Sausage

**Lunch:** Choice of Chicken Poppers, Crab Macaroni or Brat on a bun  
With wild rice blend **F2S**, honey carrots **F2S**, fresh celery, and strawberries.

**December 2, 2011 Friday Breakfast:** Bake Shop

**Lunch:** Choice of Spaghetti/ meatballs, Turkey Burger or Chicken Enchilada  
With garlic breadstick, Caesar salad, fresh broccoli, and sliced peaches.

The Nutcracker Opera was composed, written, and performed in 1892. It was first performed in the USA in 1944 by the San Francisco Opera Ballet Company.



Twenty-two million turkeys are consumed each year at Christmas, compared to 45 million at Thanksgiving.

The Green Bean Casserole was developed by Campbell's in 1955. It is estimated that 20 million portions are served every year!

**December 5, 2011 Monday Breakfast:** French Toast Sticks  
**Lunch:** Choice of Chicken Nuggets, Kung Pao Beef or Baked Seafood  
With squash **F2S**, fresh broccoli, and sliced pears.

**December 6, 2011 Tuesday Breakfast:** Biscuits and Gravy  
**Lunch:** Choice of Hot Dog on a bun **F2S**, Philly Steak on a bun or Sweet Chili Wrap  
With baked beans, fresh carrots, fresh cherry tomatoes, and juicy jell-o.

**December 7, 2011 Wednesday Breakfast:** Cinnamon Tasty **2 Hour Late**  
**Lunch:** Choice of Softshell Beef Taco with toppings, Patty Melt, or Hawaiiin Quesidilla  
With refried beans, sweet corn, fresh broccoli, and applesauce.

**December 8, 2011 Thursday Breakfast:** Breakfast Bites  
**Lunch:** Choice of Chicken Dippers, Taco Salad, or Homemade Macaroni & Cheese  
With green beans, fresh cucumbers, and a banana.

**December 9, 2011 Friday Breakfast:** Breakfast Croissant  
**Lunch:** Choice of Turkey Gravy, Meatloaf Sandwich, or Tilapi  
With mashed potatoes, fresh green peppers, fresh cauliflower, and mandarin oranges.



**Our Farm to School items this month include: Apples, Beef Hotdogs, Wild Rice, Honey, Squash, Pork, Organic Grain and more!**

MENU SUBJECT TO CHANGE



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**Soup, Sandwich, and/or Salad Bar Offered Daily!**

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**Lunch Prices:** \$1.70 Grades K-6 \$1.75 Grades 7-12 \$0.40 Reduced Rate

**December 12, 2011 Monday Breakfast:** Rancheros

**Lunch:** Choice of Cheese burger /bun, Sweet & Sour Pork **F2S**, or Nacho Casserole  
With sweet fries, fresh broccoli, pickles, and strawberries.

**December 13, 2011 Tuesday Breakfast:** Biscuits & Gravy

**Lunch:** Choice of Softshell Chicken Fajita, Grilled Cheese or Broccoli Burger Casserole  
With grilled onions & peppers **F2S**, black bean salsa, sweet corn, and sliced peaches.

**December 14, 2011 Wednesday Breakfast:** Breakfast Pizza

**Lunch:** Choice of Corn Dog, Beef & Bean Burrito, or Buffalo Chicken Croissant  
With calico beans **F2S**, fresh carrots, and fresh oranges **FFA**.

**December 15, 2011 Thursday Breakfast:** Pancake on a stick

**Lunch:** Dipping Drummys, Kung Pao Pork Wrap, or Cuban Turkey on a bun  
With green beans, fresh jicama, and Apple Surprise! **F2S**

**December 16, 2011 Friday Breakfast:** Bake Shop

**Holiday Meal**

**Lunch:** Choice of Ham, Country Fried Steak, or Shredded Beef on a bun  
With mashed potatoes, gravy, stuffing, cranberry relish, fresh vegetable platter, dinner rolls and cherry dessert.

"Wassail"  
comes  
from the  
Old Norse  
"ves  
heill"--to  
be of good  
health.

*Happy Holidays*



Based on an estimated population count of North America and Europe, on Christmas Eve Santa Claus visits 42,466,666 homes in a 12-hour period That is 983 homes per second. Wow!

**December 19 2011 Monday Breakfast:** Cheesy Omelet  
**Lunch:** Choice of Super Nachos, General Tso Chicken or Seafood & Rice  
With sweet peas, fresh broccoli, and sliced pears.

**December 20, 2011 Tuesday Breakfast:** Rancheros  
**Lunch:** Choice of Garlic Cheese Bread, Ham Tamale Casserole or a Bacon Cheeseburger  
With vegetarian chili, crackers, fresh celery, and pineapple chunks.

**December 21, 2011 Wednesday Breakfast:** Yogurt Parfait  
**Lunch:** Choice of Chicken Breast on a bun, French Dip on a bun, or Cabbage Hotdish **F2S**  
With Rosemary roasted potatoes, fresh vegetables, Caesar salad, and grapes.



**December 22, 2011 Thursday Breakfast:** Breakfast Pizza  
**Lunch:** Choice of Build Your Own Sandwich and This and That  
With fresh carrots, raisins, fresh apple **FFA** and a holiday treat!.



Thank you to our Morris FFA for supplying us with oranges and apples! **FFA**

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